





President's Message

For the first time in MVA history, the newsletter is late. For that, my deepest apologies. But better late than never, so they say. This is not an excuse, but rather an explanation for the tardiness. I just spent 3 wonderful days and nights at Morton Plant Hospital. Turns out I have some issues with blood clots in my lung and legs. No symptoms at all. They are treating it with Eliquis to get the clots dissolved. I have felt the power of many prayers being said for me, and for that I am so thankful. I plan to be back on full duty by the October luncheon. I look forward to seeing your smiling faces on the 21st.

We will include messages from all those running for the MVA Board of Directors in November newsletter. This will give the members some basis to make their voting decisions.

We have a picnic coming up on Thursday, November 12 at Eagle Lake Park. These are always very enjoyable events, and we get to see everyone in an outdoor setting as we enjoy the natural beauty all around. MVA provides the main course and all the setups. Just bring a picnic dish to share. Great times. See you there.

At this time of year, we all start to think about the impact of those whose lives interact with ours. So it is with my outstanding staff. They are all dedicated to serving this wonderful organization with energy and professionalism. So special thanks and admiration for all you do to make this such a dynamic organization:

Vice President - Al Shields; Community Service Manager - Dr. Gloria Hill; Member Events Manager - Wendy Hugar; Operations Manager - Clive Bailey; Office Manager - Larry Trefz; Recording Secretary - Vivian O'Dell; Luncheon Planner - Deb Dupper; Photographer - Paul Krahmer. Next time you see any of these folks, please take a minute to thank them for their service.

As we prepare for the holiday season ahead, let's all remember how fragile our lives are and how quickly things can change. Cherish each day and stay connected. I believe that this organization has become a very important part of our members' lives. We plan to continue to offer member activities that will keep us connected and enjoying each other.

What is the name of the activity at the bottom of page 10? Answer to info@minnregs.com.

God bless us everyone!



First Tuesday Social September 1



We were back in the saddle again after taking the month of August off. We welcomed 84 members and guests to Eddie's as the rain poured down. The service was great (getting better every month), the food was terrific and the atmosphere alive with conversation and fellowship. These events are great opportunities to get to know fellow members in a very relaxed and laid-back atmosphere.





First Tuesday Social September 1





First Tuesday Social September 1



Andrea Shields, Tom Conner



Michael Godfrey, Deb Dupper



Carol & Clive Bailey



Patsy & Dick Rohrs



Karyn & Jerry Klos



Harry Blackiston, Robin Lewis



Thom & Deb Dupper



Jane & Dennis Willis



Al Shields, Gloria Whitfield



Wendy Hugar, George Suther



Gloria Whitfield, Jerry Dangler



The Shirleys - Murphy & Bowers



First Tuesday Social September 1



Mary & Richard Reffelt



Sherry Rasmussen, Carol Bailey



Bea Conner, Wendy Hugar



Jerry Dangler



Faith Krahmer



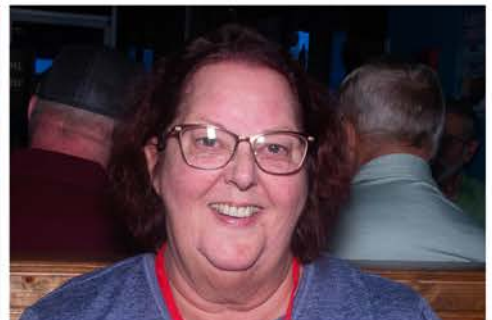
Mike Seibel



Genevieve Urbanski



John Schiffgen



Martha Ross



Sherry Rasmussen



Thom Dupper



First Tuesday Social September 1



Bonnie Williams



Greg Nikles



Pat Keegan



Al Parisi



Jo Ketring



George Hafer



Patti Marchand



Dave Donnelly



Loni Wellington



Mark Barlow



Donna Seibel



Mike Ranallo



First Tuesday Social September 1



Teri Godfrey



Sam Janofsky



Betsy King



Mike Ross



John Bowers



Wendy Hugar



Larry Harper



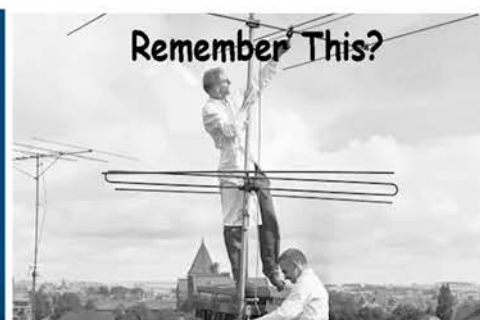
Al Olsen



Andrew Rasmussen



Larry Trefz





First Tuesday Social September 1



Gail Olsen



George Suther



Vivian O'Dell



Fred Miller



Carol Janney



Artie Martin



Marsha Barlow



Bryan Martinez



Julie Donat



Roddy King



Betsy King



Remember This?



MVA Alcohol Policy



As a safeguard for the MVA organization, the Board has approved a corporate policy dealing with alcohol consumption at MVA sponsored events. We believe we act responsibly in that we provide one drink ticket at the luncheons (tickets that can also be used for soft drinks) and two drink tickets at the socials.

In an abundance of caution, MVA has created the following disclaimer and appended it to all MVA activity reservation forms. As you submit your activity reservation, you are agreeing with the following statement:

By registering for or attending this event, I understand that participation is voluntary and that I assume responsibility for my own safety and actions.

To the fullest extent permitted by law, I agree that Minnreg Veterans Association, Inc. (MVA), its officers, directors, employees, volunteers, and representatives are not responsible for injuries, accidents, illness, property damage, or other losses that may occur in connection with my participation in the event. I agree to release and hold MVA harmless from claims arising from my participation.

If alcohol is available at the event, I understand that I am responsible for my own decision to consume alcohol and for my actions while under its influence. I agree to release and hold MVA harmless from claims, injuries, damages, or losses resulting from my consumption of alcohol or my actions while under its influence, to the fullest extent permitted by law.

By submitting this reservation, I acknowledge that I have read and agree to this disclaimer.



Remember This?



Monthly Luncheon September 16



102 MVA members and guests spent the afternoon at the movies. In addition to a costume contest and a trip down memory lane to capture the magic of the neighborhood movie theater for a young man in the 1950s, the group enjoyed fresh popped popcorn (thanks to Clive Bailey and Larry Trefz) movie candy, a great lunch and a couple hours of catching up with each other.



Some of the visiting "stars" - Artie Martin., Howard Howe, Nancy Dalton, Shirley Murphy, Mary & Richard Reffelt.



Deb announces the costume contest winner- Mary Reffelt as Marilyn Monroe



These scenes from a 1950s neighborhood theater were created by ChatGPT. We will have a demo of ChatGPT at the October luncheon.



Monthly Luncheon September 16



Teri Godfrey, Terri Beamer, Michael Godfrey, PJ Clayton, Tom & Bea Conner, Wendy Hugar



Shirley Murphy, Howard Howe



Cinda Jones, Clive & Carol Bailey, Natalie Jones, Shirley Murphy, Ben & Emilie Carter, Howard Howe



Cinda & Natalie Jones & grandma Shirley Murphy



Jo Ketring, John Schiffgen, Loni Wellington



John G, Gayle Smith, John Voissem



Teri Godfrey, Terri Beamer, PJ Clayton, Bea Conner, Wendy Hugar



John & Shirley Bowers



Ben & Emilie Carter



Wave at people you don't know

It will drive them crazy trying to figure out who you are!



Costume contest winner, Mary Reffelt (Marilyn Monroe) & Richard (The Godfather) Reffelt



Monthly Luncheon September 16



Kathie & Bobby Hubbard



Fred & Donna Cutting



Deb & Thom Dupper



Faith & Paul Krahmer



Gail & Al Olsen



Bea Conner, Wendy Hugar



Emilie & Ben Carter



Gloria Hill, Carol Jamney



Greg & Julie Zajdel



Dennis & Jane Willis



Stephanie Puffer, Jack Ptacek



Tom & Bea Conner



Monthly Luncheon September 16



Mary Reffelt, Deb Dupper



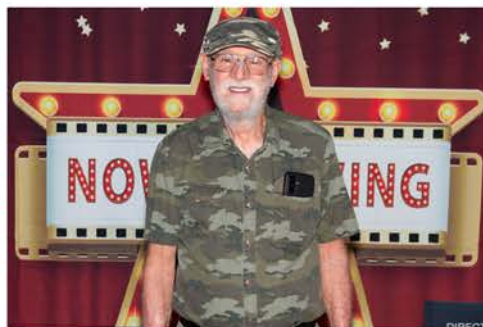
Bill Martin, Fred Cutting



Dave Donnelly



Faith Krahmer



Artie Martin



Kathleen Samson (Movie Trivia Winner)



Michael Godfrey



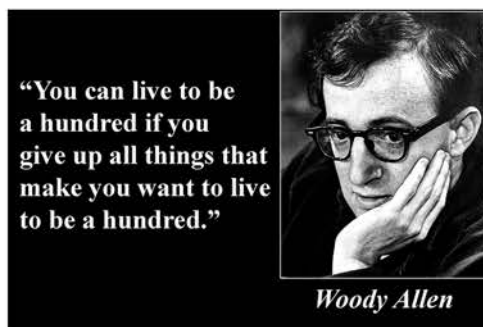
Bill Naabe



Larry Harper



Barbara Pothier



Woody Allen



Karyn Klos



Monthly Luncheon September 16



Jacqueline Morgan



Howard Howe



PJ Clayton



John Bowers



Pat Keegan



Roddy King



Deb Dupper



John Schiffgen



Evelyn Hall



George Suther



Donna Cutting



Al Shields



Monthly Luncheon September 16



Sandy Janofsky



Bryan Martinez



Julie Zajdel



Joe Knight



Marge Lynch



Mark Barlow



Teri Godfrey



Brian Pershing



Kathie Hubbard



Darrell Schreiber



Michael Webb



Monthly Luncheon September 16



Tom Conner



Patti Marchand



Larry Piper



Bobbie Smith



Marcha Barlow



Gloria Whitfield



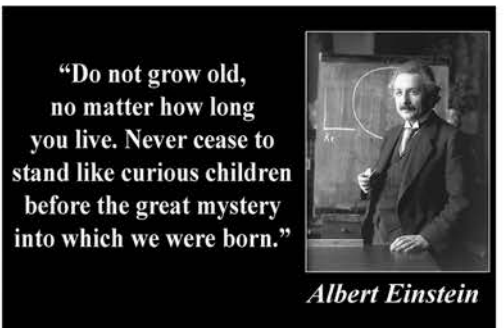
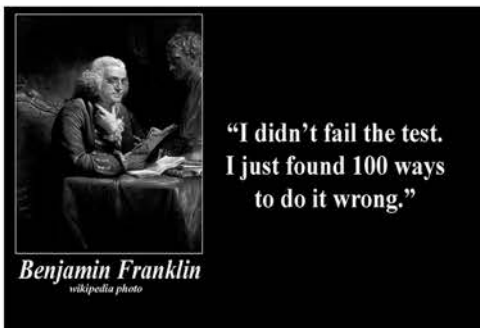
Artie Martin



Betsy King



Sam Janofsky





Monthly Luncheon September 16



Fred Cutting



Jo Ketring



Hendrik Gelderloos



Katrina Pershing



Thom Dupper



Loni Wellington



Bryan Martinez



Nancy Dalton



Jerry Klos



Gloria Hill



Genevieve Urbanski



Shirly Murphy



Fall Picnic Time!

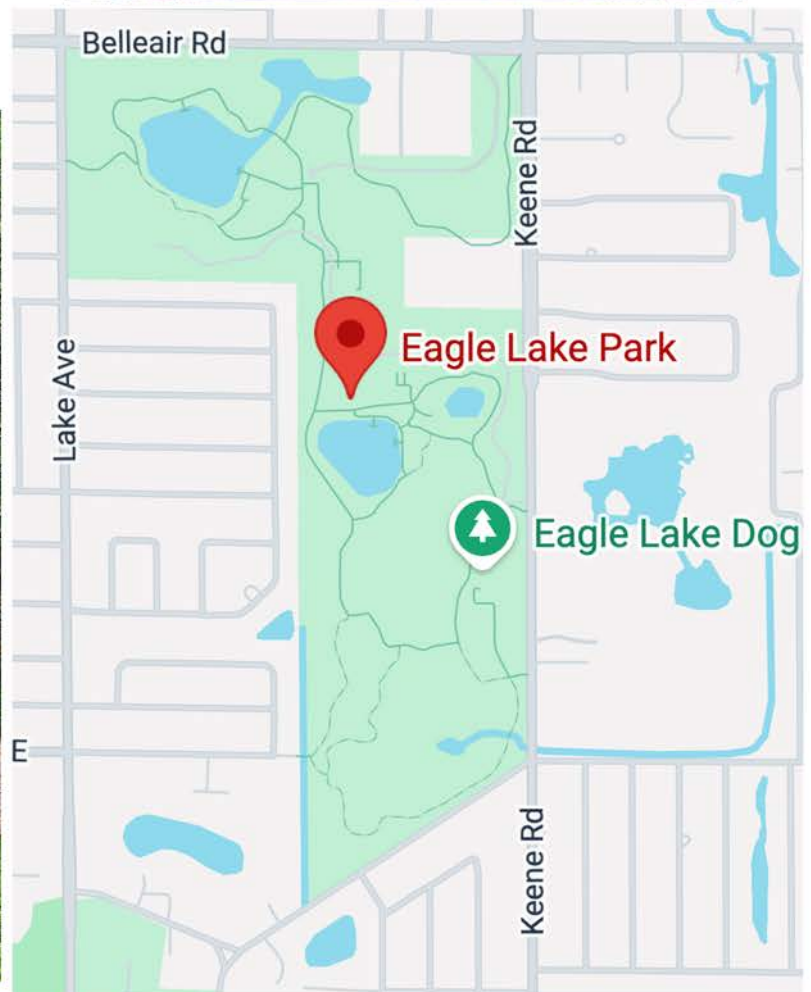


It's time again for our fall picnic. We've chosen Eagle Lake Park, Shelter #3, again for this outdoor event. It's a nice shelter near the water where last time we fed the turtles and fish (even though we probably weren't supposed to) and watched the baby ducks go by!! We'll have our usual yard games to play if anyone is interested and this time we'll even have a door prize drawing! Please come out and join the fun. Bring your favorite picnic dish to share (just tell us what you'll be bringing on the registration form). We'll provide the entrees!!

<https://form.jotform.com/260825666458166>

November 12th @ 11:00
Eagle Lake Park - Shelter #3

We hope to see you there!!





Happy Birthday from MVA!



Joseph Knight	10/2
Richard Malzahn	10/2
Dennis Temple	10/7
Carole Pagels	10/8
Beverly Whiteley	10/8
Diane Buchanan	10/9
Gloria Whitfield	10/11
David Cox	10/13
Elizabeth Knight	10/14
Alan Shields	10/15
Lorraine Wert	10/17
Alan Gilbert	10/20
Cheryl McAvoy	10/20
Alfred Olsen	10/20
John Voissem	10/20
Matthew Muskovac	10/21
Leslie Tuck	10/21
Robert Lovejoy	10/22
Jody Mason	10/22
Jean Miller	10/24
Carol Ertsgaard	10/25
Wendy Hugar	10/25
Mark Barlow	10/28
Larry Harper	10/30
Paul Krahmer	10/30
Andrew Rasmussen	10/30



Happy Birthday!

