



President's Message

One of the great attributes of this organization is its sense of humor. I have witnessed a lot of similar organizations that take themselves MUCH too seriously. Not our group. From the horrendous jokes at the luncheons to our extensive use of the photo props each month, it's obvious we all enjoy a good laugh. And really, that's what all of this is about. Having a good time, enjoying each other and sharing the joy of having made it this far in life!

I am into my second month in the **Preventing Alzheimers with Cognitive Training (PACT)** study being conducted by the University of South Florida. I highly recommend the study for anyone with concerns about outliving their minds. You can contact the PACT study group at (727) 873-4090 for information and enrollment.

Hope to see you all at the September 2 social at the Madeira Beach American Legion post 273. Later this month at our September luncheon on the 21st, we will have a visit from **Priscilla Alden** of the original Plymouth Colony reminding us what life was like for the pilgrims when they arrived in the New World. The theme of this luncheon is "**Favorite Sports Team,**" so we expect a lot of team attire at the event. Special prize to the "Best Athletic Supporter."

Another golf scramble is set for October 20 at Seminole Lake Country Club, and another visit to the Early Bird Dinner Theater is set for Friday, November 11 at 4 pm. Our big, year-end Holiday party is set for Friday, December 2 at Banquet Masters and features our friends **SoundWavz** providing live music. Details about all these events are included in this issue.

Most important, we need to nominate leadership to move MVA forward in 2023. Every officer position is up for election - President, Executive Vice President, Office Manager, Vice President Finance, Vice President Member Activities, Vice President Community Service, Recording Secretary. Two board positions are also on the ballot. All officer positions are elected for a one-year term, board positions are elected for a two-year term. Active MVA members are able to make nominations through the online form.



First Friday Social August 5, 2022



Even in the middle of the hottest summer on record, our First Friday Socials are attracting record numbers. Over 70 members and guests attended the August social and had a great time of fellowship, food and fun. The next social is set for September 2 at the Madeira Beach American Legion facility. See you there!



Tom & Bea Conner



Faith & Paul Krahrmer



George Suther & Patty Marchand



Gerry Sturm, Terry Miller



Jerry & Elaine Thoman



John Voissem & Gayle Smith



Andrea & Al Shields



Danielle, Andy, Sherry, Ron Rasmussen



Richard & Mary Reffelt



Larry & Masako Shannon



Bob & Fran Kay



Helen & Richard Malzahn



First Friday Social August 5, 2022



Carol & Clive Bailey



Teri & Michael Godfrey



Larry Harper, Genevieve Urbanski



Dennis & Jane Willis



Steve & Margaret Simmons



Shirley Bowers, Vivian O'Dell



Carol & John Janney



Pat Minor



Terry Miller



Jerry Dangler



Jack Freeman



Walt Faulkner



Wendy Hugar



Artie Martin



Fred Miller



Lorraine Wert



First Friday Social August 5, 2022



Sam & Sandy Janofsky



Marilyn Ruga



Jim Acosta



Pat Keegan



Bob Friend



Daniel Thoman



Marilyn Ruga

Welcome New Members



John Meade, Scott Weber, Debbie Welch
You forget names. Then you forget faces. Next, you forget to zip up. And finally, you forget to zip down.



FOUR STAGES OF LIFE:

1. You believe in Santa Claus
2. You don't believe in Santa Claus
3. You are Santa Claus
4. You look like Santa Claus



MVA Member Calendar Upcoming Events



September Social - back again on Friday the second to the American Legion Post 273 on Madeira Beach. Come early at 4 and stay for an evening of fun, food, fellowship and a whole bunch of prizes. Register:
<https://form.jotform.com/222335417153146>



September Luncheon - prepare for a trip back in history to the original Plymouth Colony through the eyes of Priscilla Alden, (Dee Collier), wife of Colony leader John Alden. Dee as a hit in her last visit, portraying Martha Washington and staying to pose for lots of photos. Dee appears all over the state and has over a dozen characters in her repertoire. Register: <https://form.jotform.com/222335502538148>



Mark October 20 on the calendar for the **Fall MVA golf scramble** at Lake Seminole Country Club in Seminole. The 4-person best ball event starts at 4 pm. Teams can gather no later than 3:30 pm for some pre-match chatter. Team captains are able to register all 4 members of the team on the online registration form. Individuals without a team are encouraged to fill out the individual form so they can be placed on a team. Guests are welcome for a \$25 fee per guest. A post-tournament meal and awards ceremony concludes the event. Register: <https://form.jotform.com/221283523636151>



Make plans early to attend “Miracle on South Division Street” at the **Early Bird Dinner Theater** on Friday, November 11 at 4 pm. The Nowaks of Buffalo, NY have always known they were special, ever since the miraculous Christmas Eve in 1942 when the Blessed Mother appeared to Grandpa in his barber-shop. When daughter Ruth unveils her plan to write and star in a one-woman Christmas show about the family miracle the entire family’s faith is shaken to the very core and the family legend unravels. The results are heartfelt and hilarious in this holiday show. Register:
<https://form.jotform.com/222336009679157>



MVA Member Calendar

Upcoming Events

We love our sports teams, don't we? We celebrate the wins and agonize over the losses. But we never lose faith. At our September luncheon, it's time to put your team spirit on display for the whole world to see.

Whether it's a local Tampa Bay team or your college team - or maybe it's just a team that you adopted as your favorite, whatever the case, come to the luncheon sporting your team's best!

In addition to all the normal prizes, we will award a special prize to the "Biggest Athletic Supporter" in attendance.



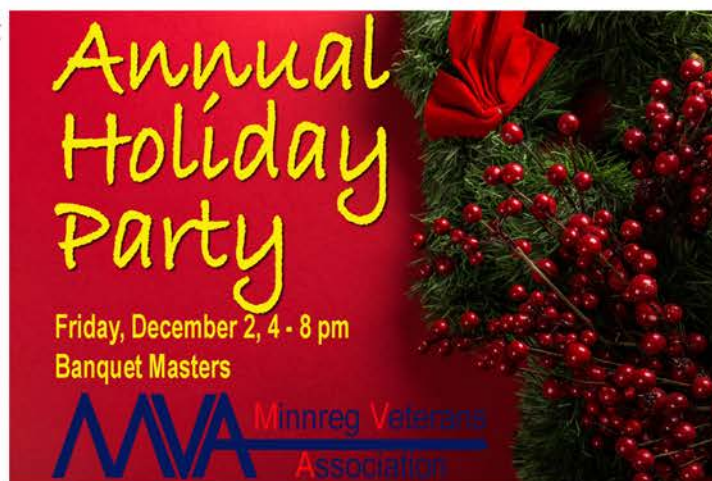
It's hard to think about the holidays in the middle of the hottest year on record, but they are just around the corner. We have reserved our favorite room at Banquet Masters for our annual **Holiday Party on Friday, December 2 from 4 to 8 pm**. The holiday party replaces the regular monthly luncheon and social in December.

The event features Stan and Joe, our **SoundWavz** guys who played for us last year. So strap on your dancing shoes and get ready for an evening of live entertainment and dancing.

We have a special holiday dinner planned, but we want to feature your favorite holiday sweets as appetizers. So please plan to **bring your traditional holiday cookies or other sweets** so we can all pack on a few extra pounds for the long, hard winter ahead. We also expect some **special guests** to drop in during our festivities. So make sure you are especially nice over the next few months.

Finally, we will conduct a hunt for the ugliest Christmas sweater. The winner will receive a very special prize.

The reservation form will be posted on the www.minnregs.com website on November 1.



Stan and Joe - SoundWavz



Announcements



Fred Miller needs help. After stepping up to make the special birthday phone calls to all MVA members, Fred would like some assistance. If you have some free time - just a few hours a week - and would like to help Fred with this very important work, please reach out directly to him at our next event or by phone or email: **(727) 482-6607; fredmill611@gmail.com**



Elections are right around the corner for 2023 MVA leadership positions. Two board positions and all of the officers are on the ballot.



Leadership Nomination Form

Nominations close at midnight, October 18, 2022, for the 2023 service year

Nominations are now open for all these positions. The only qualification is that the nominated person is an active (dues paying) member of the MVA. Any member may nominate any other MVA member or themselves. Nominations will close at midnight on Tuesday, October 18. All those nominated will be introduced at the October 19 luncheon, and will be given the opportunity to make a brief statement at that time.

Nominations: **<https://form.jotform.com/222336199906160>**

Voting will commence immediately after the October luncheon and will continue (online ballot) until November 15. At the November 16 luncheon, anyone who has not voted online will be given a paper ballot to complete. Ballots will be collected and tallied along with the online votes. The winner of each position will be introduced at the November luncheon.

I nominate the following individual for the following MVA leadership position

- Board of Directors
- President
- Executive Vice President
- Recording Secretary
- Vice President Community
- Vice President Member Activities
- Vice President Finance
- Office Manager

My Nomination:

Last Name

I am an active (dues paid) MVA member in 2022

- Yes
- No

Just a reminder that there are no formal office hours for the MVA office. If you need access, please contact Dave Hewitt **(727) 743-7157** to arrange. Also, the office is not a collection location for used clothing. If you have clothing you want to donate, please take the items to a local Goodwill or Salvation Army location.

The MVA office is available for member activities. Any active MVA member may schedule meetings for small groups by contacting Dave Hewitt to determine availability:

dchewitt40@gmail.com





MVA in the Community



Food the Holidays

It's time to restock the shelves of local food banks. Many of them are reporting record low inventories as we enter the holiday season.

According to Feeding Tampa Bay, before the pandemic, about 650,000 people in the Tampa Bay area were food insecure. Today, that number stands at well over 1 million.

So we encourage you to load up the van with lots of **non-perishable food items** and bring them to the September luncheon on the 21st.

For those to whom much has been given, much is required. Let's make a real difference this year.



Diaper Drive - October 19 Luncheon

Thousands of children in our community need diapers. These are children in foster care, in temporary situations awaiting permanent placement, as well as children in homeless shelters. Please help us make a difference in their lives by bringing in baby diapers to our October 19 luncheon. One of our sponsored community agencies, "Angels Against Abuse" will pick them up and make sure they are put to the very best use this holiday season.





MVA Member Calendar Heritage Village



Our own Mary Reffelt has volunteered at Heritage Village in Largo for several years. She has been named volunteer of the month in August. Mary shared the Heritage Village newsletter so the upcoming events could be shared with our MVA group.

The mission of Heritage Village is to inspire exploration of Pinellas County's story by designing unique programs and exhibits, facilitating research, and collecting and preserving local history.

Heritage Village (727) 582-2123
11909 125th Street N.
Largo, FL 33774



FREE EVENT  **Heritage Village**
A Pinellas County Government Program

Speaking of History
with *Kerry Kriseman*

**Saturday,
September 24
@ 2pm**

Heritage Village Pinellas Room
11909 125th Street N.
Largo, FL 33774

**ACCIDENTAL
FIRST LADY**



ST. PETERSBURG PRESS 

Reservations required; Contact Sue Schneck at sschneck@pinellascounty.org or 727-582-2472

Join us for Speaking of History with Kerry Kriseman, who will speak about her new book, *Accidental First Lady*. Despite its challenges, Kerry has enjoyed being a political spouse to her husband, former St. Pete Mayor, Rick Kriseman, throughout his 22-year political career. For the past seven years, she has enjoyed being an "accidental first lady" of St. Petersburg, Florida.

FREE EVENT!

Please RSVP by contacting Sue Schneck, 727-582-2472 or sschneck@pinellascounty.org.

FREE EVENT  **Heritage Village**
A Pinellas County Government Program 

Speaking of History
with *Stephanie Petitta*

Saturday, October 1 @ 2pm
in the
Pinellas Room
11909 125th Street N. Largo FL 33774

**The History
of the
Vinoy**

Reservations required; Contact Sue Schneck at sschneck@pinellascounty.org or 727-582-2472

Join us at Heritage Village for Speaking of History with Stephanie Petitta, Destination Sales Executive at The Vinoy Renaissance St. Petersburg, as she talks about the rich history of the hotel!

FREE EVENT!

Please RSVP by contacting Sue Schneck, 727-582-2472 or sschneck@pinellascounty.org.



They say that baseball is America's past time. On a bright Thursday afternoon at Tropicana Field, 36 MVA members and guests chowed down on hot dogs and corn dogs, picked up their free Rays caps, made some noise, and enjoyed a perfect afternoon of Rays baseball. To top it off, the Rays beat the Angels 8-3. Special thanks to Gerry Sturm for coordinating the event.





Senior Discounts Dining Out



Below are the senior discounts offered by eating establishments in 2022. As always, these offers are subject to change, so check with your local restaurant for any updates. Bon Appetit!

Applebee's	10-15% off	Must be 60+
Arby's	10% off	Must be 55+
A&W	Vary by local restaurants	Must be 55+
Ben & Jerry's	10% off	Must be 60+
Bennigan's	10% off	Must be 60+
Bob's Big Boy	Up to 15% off	Must be 60+
Bonefish Grill	10% off	Must be an AARP member
Boston Market	10% off	Must be 65+
Burger King	10% off	Must be 60+
Bubba Gump Shrimp	10% off	Must be an AARP member
Carrabba's Italian Grill	10% off	Must be an AARP member
Chick-fil-A	10% off or a free small drink	Must be 55+
Chili's	10% off	Must be 55+
CiCi's Pizza	Discounts vary by individual restaurant	Must be 60+
Country Kitchen	Light Fare Menu	No age requirements
Culvers Corner	10% off	Must be 60+
Dairy Queen	10% off	Must be 55+
Denny's	15% off; Discounted senior menu	Must be an AARP member; 55+ for the menu
Dunkin' Donuts	10% off or a free donut	Must be 55+
Einstein's Bagels	10% off	Must be 60+
El Pollo Loco	10% off	Must be 60+
Fazoli's	Discounted senior menu	Must be 62+
Friendly's Restaurant	10% off meal	Must be 55+
Golden Corral	10% off	Must be 55+
Hardee's	Up to 10% off	Must be 50+
IHOP	Discounted senior menu	Must be 55+
KFC	Free small drink with any meal	Must be 55+
Krispy Kreme	10% off or a free donut with the purchase of a coffee	Must be 50+
Landry's Seafood	10%	Must be an AARP member
Long John Silver's	Discount varies by location	Must be 55+
McDonald's	Discounts vary by location	Must be 55+
Mrs. Fields	10% off at participating locations	Must be 60+
Outback Steakhouse	10% off of food and beverages (excluding alcohol)	Must be an AARP member or veteran
Papa John's Pizza	25% off online orders using code 25SAVE	Must be AMAC member 50+
Perkins Restaurant & Bakery	Discount menu for seniors	Must be 55+
Pollo Tropical	10% off	Must be 50+
Ponderosa Steak Houses	Discounted menu available for seniors	Must be 60+
Rainforest Cafe	10% off food and nonalcoholic beverages	Must be an AARP Member
Sizzler	Discounted "Honored Guest Menu"; Varies by location	Must be 60+
Sonic	10% off or free drink	Must be 60+
Steak 'n Shake	10% off food and nonalcoholic beverages	Must be an AARP member
Subway	10% off at participating locations	Must be 60+
Taco Bell	5% off or a free beverage	Must be 65+
TCBY	10% off	Must be 55+
Village Inn	10% off	Must be 60+
Waffle House	10% off every Monday (varies by location)	Must be 60+
Wendy's	Varies by location	Must be 60+
White Castle	10% off	Must be 62+



Senior Discounts



Wow! Have you been shopping in the past several months? Prices are getting outrageous, and there is little relief in sight. That's when being up in years actually comes in handy. Lots of merchants offer discounts to their senior shoppers. We felt it was the right time to publish some of those offers so we can do something to offset the current round of inflation. Below are some of the most popular discounts offered to seniors.

As a precaution, please check with your local store to verify the offer.

Amazon Prime	50% off Prime Membership	Must be a recipient of SSI, SNAP, or other government assistance
Big Lots	10% off	Must be an active duty or retired military member
CVS.com	20% off and free shipping	Must be an active duty or retired military member or immediate family of either. Must join Veterans Advantage card benefit program
Home Depot	10% off	Must be an active duty or retired military member with honorable status or spouse of either. Maximum of \$400 in savings annually.
Goodwill	20% off	Must be 60+; Tuesdays. Discount varies by location, generally ranging from 15-25%.
Joann's	20% off	Must be 55+ and present a state-issued ID. One day per month that varies by location
Kohl's	15% off	Must be active duty or veteran
Lowe's	10% off	Must be an active duty or retired military member or their spouse.
Ross	10% off	Must be 55+; Tuesdays
Michael's	10% off	Must be 55+
Rite Aid	20% off	Must be 65+; First Wednesday of each month. Discount for in-store items only.
Salvation Army	15-50%	Must be 55+
TJ Maxx	10% off	Must be 55+; Not available at all locations
Valvoline	15% off oil changes	Available to AARP Members
Walgreens	20% off eligible items	Must be 55+ or an AARP Member; Available once per month in store and for one week per month online.



Happy Birthday from MVA!



- | | | |
|------------------------------|-----------------------------------|-------------------------------|
| 09-01 John Erickson | 09-13 Elaine Rodrigues De Miranda | 09-24 Jerry Spinger |
| 09-01 Teri Godfrey | 09-14 Ted Andresen | 09-25 Don Gillespie |
| 09-02 Linda Allen | 09-14 Richard (Rick) Barry | 09-25 Gerald Gjermundson |
| 09-02 Rosemary Bradley | 09-14 Dolf Boll | 09-25 Edmund Ketcham |
| 09-02 Larry Carawan | 09-14 Edna McCall | 09-25 Diane Krzeminski |
| 09-02 Joyce Mcleod | 09-15 John Bowers | 09-25 Phillip Martin |
| 09-02 June Migliorisi | 09-15 Linda Lopez | 09-25 Gordon (Gordon) Nichols |
| 09-02 Glenn Thompson | 09-15 Dorothy Patterson | 09-25 Judy Peterson |
| 09-03 Mary Dumont | 09-15 Reyna Teets | 09-25 Anne Schmitt |
| 09-03 Mark Gray | 09-16 Jacquelyn Alexander | 09-25 Jean Sell |
| 09-04 Philip Bayly | 09-16 James (Jim) Hansen | 09-25 Lorraine Warren |
| 09-04 Patricia Craig | 09-17 Rose Barnes | 09-25 Patrick (Pat) White |
| 09-04 Margaret Donehoo | 09-17 Barbara Bayless | 09-26 Roger Bourdeau |
| 09-04 Martina Haywood | 09-17 Brianda Carawan | 09-26 Geraldine Brooks |
| 09-04 Ted Konkle | 09-17 Joanne Konkle | 09-26 Marie Malley |
| 09-05 Earle Lincoln | 09-17 Connie Lotz | 09-26 Sherry Rasmussen |
| 09-06 Linda Blechschmidt | 09-17 John (Jack) Malley | 09-26 Rosalyn (Roz) Sliger |
| 09-06 Gerald Johnson | 09-17 Kirk Mason | 09-27 Rod Badgett |
| 09-06 Enrique (George) Munoz | 09-17 Bill Zuben | 09-27 Donald Clayton |
| 09-06 Denise Seyler | 09-18 Jay Bennett | 09-27 Jeff Kremer |
| 09-07 Frederick Glover | 09-18 Charles Crow | 09-27 Maryanne Letteri |
| 09-07 Susan Hill | 09-18 Delores Cwynar | 09-27 Denise Martin |
| 09-07 Vivian Kerr | 09-18 Margaret Fennell | 09-27 Donald Phillips |
| 09-07 Carolyn Townsend | 09-18 Dolly Jamieson | 09-27 Karen Romeo |
| 09-08 Margaret Borgelt | 09-19 Mary Arthur | 09-27 Alice Schwitzgebel |
| 09-08 Ralph Gabert | 09-19 Ted De Felix | 09-27 Dorothy Shimel |
| 09-08 Marlene Householder | 09-19 Shelley Egli | 09-27 Ethel (Sunny) Wood |
| 09-08 Elaine Tarrance | 09-19 Deena Hopkins | 09-27 Shun-Si Ying |
| 09-09 Russell Dumont | 09-19 Debi Horn | 09-28 Nelda Burton |
| 09-09 Helen Eaker | 09-19 James Miller | 09-28 Caroline Buyse |
| 09-09 Pat Kearns | 09-19 Vivian (Viv) O'Dell | 09-28 Theodore Eitel |
| 09-09 James Lewin | 09-20 Fred Cutting | 09-28 Robert Fenton |
| 09-09 Sharon Miletich | 09-20 Tony Deprisco | 09-28 Peter Stoneham |
| 09-09 Dorothy Stonebrook | 09-20 Elizabeth (Lee) Foley | 09-28 Greg (Weav) Weaver |
| 09-09 Joe Tennant | 09-20 Sandra Hamilton | 09-29 Leroy Chamberlin |
| 09-09 Joseph (Joe) Wieland | 09-20 Herbert (Bill) Hart | 09-29 Arthur Damon |
| 09-10 Carolyn Acosta | 09-20 Sylvia Scoble | 09-29 Robert Malloy |
| 09-10 Peggy Herrington | 09-21 Shirley Creamer | 09-29 Dean Olson |
| 09-10 Doris Johnson | 09-21 Debra (Deb) Dupper | 09-29 Gloria Wick |
| 09-10 Edward Miner | 09-21 Glenn Harger | 09-30 Paul Arnold |
| 09-10 John Nicolas | 09-21 Clyde Schreiner | |
| 09-10 Beverly Schmitt | 09-21 Rosamond Soulis | |
| 09-10 Lorraine Shelander | 09-21 Robert Willms | |
| 09-11 Carolann Mancuso | 09-22 Eileen Carr | |
| 09-11 Marianne Rich | 09-22 Brenda Lapointe | |
| 09-12 Wilma Fletcher | 09-23 Deborah Gabert | |
| 09-12 June Heiser | 09-23 Louise Johnson | |
| 09-12 Betty Kelley | 09-23 Shirley Judy | |
| 09-12 Katherine Lewin | 09-23 Thomas (Al) Martin | |
| 09-12 Jeanette Meier | 09-23 Anne Martin | |
| 09-13 Carol Bailey | 09-23 Dolores Sigler | |
| 09-13 Catherine Blackburn | 09-23 John Winkle | |
| 09-13 Paula Dalton | 09-24 John Brexa | |
| 09-13 Rodney (Rod) Harris | 09-24 Virginia Crump | |
| 09-13 Douglas (Doug) Hunt | 09-24 Raymond Kelly | |
| 09-13 James Mill | 09-24 Lawrence (Larry) Shannon | |